

2023 ALL BERGEN COUNTY LACROSSE

FIRST TEAM

Position	NAME	SCHOOL	GRADE	COACH
ATTACK	Steven Sciaino	Mahwah	12	Tim Culloty
ATTACK	Brady Scoletti	Don Bosco Prep	10	Brendan Gorman
ATTACK	Finn Kristan	River Dell	12	Joe Hammerle
ATTACK	Jack Schultz	Ridgewood	11	Mike Pounds
MIDFIELD	Mark Marino	Don Bosco Prep	12	Brendan Gorman
MIDFIELD	Rich Reid	Bergen Catholic	12	Ric Beardsley
MIDFIELD	Colin Redmond	Glen Rock	12	Joe Voto
MIDFIELD	Dillon Kelly	Ramsey	12	Dan DeMartino
MIDFIELD	Dewey Phillips	Ridgewood	11	Mike Pounds
MIDFIELD	Isaac Cruz	St. Joseph Regional	11	Daniel DaPonte
DEFENSE	Sal Postgillione	Don Bosco Prep	11	Brendan Gorman
DEFENSE	Stephen Stagg	Ramapo	12	Steve Harvey
DEFENSE	Sean Fox	Northern Highlands	12	Kyle Ojakian
DEFENSE	Owen Staunton	Ridgewood	12	Mike Pounds
DEFENSE	Ryan Colella	St. Joseph Regional	12	Daniel DaPonte
FOGO	Kyle Rummel	St. Joseph Regional	12	Daniel DaPonte
GOALTENDER	Colten Carfello	Don Bosco Prep	11	Brendan Gorman
GOALTENDER	Parker Day	Bergen Catholic	11	Ric Beardsley
GOALTENDER	Luke Fazio	Northern Highlands	12	Kyle Ojakian

SECOND TEAM

POSITION	NAME	SCHOOL	Grade	COACH
ATTACK	Joe Marinacchio	Bergen Catholic	12	Ric Beardsley
ATTACK	Dylan Reichel	Tenaflly	11	Eric Quaranti
ATTACK	Nick Begina	Ramapo	10	Steve Harvey
ATTACK	Myles McCutcheon	Ridgewood	12	Mike Pounds
MIDFIELD	Will Brandt	Ridgewood	12	Mike Pounds
MIDFIELD	Duke Richman	SJR	12	Daniel DaPonte
MIDFIELD	Jack Kunisch	Mahwah	12	Tim Culloty
MIDFIELD	AJ Monaco	Don Bosco Prep	12	Brendan Gorman
MIDFIELD	Luke Macejka	Bergen Catholic	12	Ric Beardsley
MIDFIELD	Nick Coffaro	Ramapo	12	Steve Harvey
MIDFIELD	Nate Johnson	Northern Highlands	10	Kyle Ojakian
DEFENSE	Ethan Dicturel	Tenaflly	12	Eric Quaranti
DEFENSE	Ben Linder	Don Bosco Prep	10	Brendan Gorman
DEFENSE	Luke Marra	Ridgewood	10	Mike Pounds
DEFENSE	Dylan Rummel	SJR	12	Daniel DaPonte
FOGO	Scott Conte	Don Bosco Prep	10	Brendan Gorman
GOALTENDER	Matthew Roughgarden	Ridgewood	11	Mike Pounds
GOALTENDER	Ryan Cunningham	SJR	11	Daniel DaPonte

THIRD TEAM

POSITION	NAME	SCHOOL	Grade	COACH
ATTACK	Cooper Consoli	Glen Rock	10	Joe Voto
ATTACK	Quinn O'Neill	Ramsey	10	Dan DeMartino
ATTACK	Andrew Barlas	Northern Highlands	12	Kyle Ojakian
ATTACK	Luke Biello	Westwood Regional	10	Matt Biello
MIDFIELD	RJ Weiss	River Dell Regional	10	Joe Hammerle
MIDFIELD	John Devir	Don Bosco Prep	9	Brendan Gorman
MIDFIELD	Ethan Suh	Northern Highlands	9	Kyle Ojakian
MIDFIELD	Charlie Merrick	Ridgewood	11	Mike Pounds
MIDFIELD	Nate Lewis	Pascack Valley	12	Matt Will
DEFENSE	David Levine	Tenafly	11	Eric Quaranti
DEFENSE	Preston Duffy	Mahwah	10	Tim Culloty
DEFENSE	Noah Laurino	Ramsey	12	Dan DeMartino
FOGO	Dan Shepard	Bergen Catholic	12	Ric Beardsley
GOALTENDER	Rory Premtaj	Ramapo	12	Steve Harvey

HONORABLE MENTION

SCHOOL	NAME	GRADE
Bergen Catholic	Pat Cece	12
Bergen Tech	Nazar Fedorko	12
Demarest	Harrison White	12
Dwight Englewood	Max Schiffman	12
Fair Lawn	Matt Murri	12
Glen Rock	Brennan Visokey	10
Lyndhurst	Matt Branco	10
Mahwah	Ryan Stanford	12
Northern Highlands	Billy Cacciabaudo	12
Paramus	Anthony DiGiacomo	12
Park Ridge/Emerson	Matt Rozzi	10
Pascack Hills	C.J. Driver	10
Pascack Valley	Donnie Duffus	10
Ramapo	Evan Freeman	
Ramsey	JJ Phillips	11
Ridgewood	Jack Frers	10
River Dell	Gavin McKeon	10
Rutherford	Danny Carr	12
Saddle Brook	Anthony Coiro	12
St. Josephs	Noah Blinkoff	10
Tenafly	Chris Piluso	11
Waldwick	Joey Convertino	12
Westwood	Luke Burns	12